

EXEpress

Issue 48 March-April 2017

The Newsletter of Exe Valley Rotary Club

President John



I would like to thank everyone that came to and gave me support for my President's Night. I had a very enjoyable night and I hope everyone else did too.

I would like to thank Ray and John for organising firstly the President Night and secondly for the Racing Night at Taunton; again a very good evening, and I am sure everyone enjoyed themselves.

The Templeton Trial went off well and I would like to thank everyone involved in the organisation and help on the day. Hopefully this will be as successful, if not more so, next year.

We hope that Monday's Uffculme Show event goes well for all involved and for everyone attending. There has been a lot of work and support gone in to this event and again I would like to thank everyone who has been involved in the organisation.

As this will be my last note as President I would like to thank everyone involved in the club, for all your help and support over the last year. I have had a brilliant year as president and I'm sure this will continue next year with Les in the role. Thank you for being a wonderful Club.

Rotaract

Report by Caitin Davies

After a few challenging months of promotion and project changes, our Rotaract club has started to focus our efforts on fundraising. Previously, our main project was to help the homeless and last week I was lucky enough to visit the CHAT headquarters. It was a great experience for me as I certainly learned a lot about debt prevention, helping the homeless and criteria for food banks. What I did find was that our fundraising ideas were a bit too ambitious for this early on and they are not feasible with just two members. This year our chosen charities are Devon Air Ambulance and Dartmoor Search and Rescue Team - Ashburton because I had to be rescued by both crews after I collapsed on Dartmoor last month. In terms of Rotaract fundraisers, we are in the planning stages of a 9km sponsored walk on Dartmoor for late July or early August. This Saturday (15th April), I will be visiting Ashburton's Search and Rescue base and I hope to walk the planned route afterwards. In addition to this, we are also hoping to do a find the treasure/lucky square fundraiser which could link in with our sponsored walk promotion if we use the Dartmoor map for both activities. Currently, our fundraisers are being planned on a small scale as Lewis and I can only manage so much, however in the long term we are looking at a district Rotary quiz competition; I advise you to start revising! In terms of upcoming events, we will be around at the Uffculme Show and the Electric Nights Food Festival on the 6th May. To link in with our fundraising, I will also be busking in Exmouth on the 22nd April with my band (Street Heat Samba) to raise £50 for RYLA and any remaining money will go towards Rotaract's selected charities. The fundraising page which I have set up for this can be found here:

<http://uk.virginmoneygiving.com/fundraiser-web/fundraiser/showFundraiserPage.action?userUrl=CaitlinDaviesfundraising&fald=817715&isTeam=false>

In terms of the future, all we can ask of Rotarians is to keep on sharing our updates with friends and family including our recently edited poster. Thank you for your support

MID DEVON ROTARACT CLUB

WHAT IS ROTARACT

Rotaract is a club for 18-30 year olds who would like to make a difference within their community and further afield.

We are hoping to set up an e club (meeting through social media) as well as have the occasional social meeting.

We hope that by establishing an e club, Rotaract will be accessible to those located outside of Mid Devon. We are an inclusive club who welcome members regardless of their backgrounds.

Scheduled projects

1. Supporting Devon Air Ambulance and Dartmoor Search and Rescue Team - Ashburton
2. Supporting Rotary Programmes

Aside from the clubs, Rotary offers many programmes such as the Rotary Youth Leadership Awards and the Youth Exchange Projects. We hope to fundraise to finance one of our Rotaractors taking part in a programme where they will develop their skills further.

Why Rotaract?

Tiverton, which is currently the hub for Rotaract, has an Interact club, but there is not a club to feed on to post GCSEs. As a result, the idea of establishing a Rotaract club was raised and work began to promote the club. You may have heard us on BBC Radio Devon recently or seen reports about us in the Mid Devon Gazette and the Express and Echo.

"Interact provided me with skills that education alone cannot provide, therefore I would like to give young adults the same opportunities with Rotaract"

CONTACT US

Email – tivertonrotaract@gmail.com

Facebook – Mid Devon Rotaract Club

Volunteers needed for new group to help community

Mid Devon to set up Rotaract Club – the first to be an e-club

DO you have a desire to help your community and are aged between 16 and 30 then the Mid Devon Rotaract Club could be for you.

The new group is searching for new members to join them in their aims of "service above self" and "fun and fellowship".

The group is part of a scheme launched by Rotary International and has the backing of both Tiverton and Exe Valley Rotary Clubs.

The purpose of Rotaract is to provide an opportunity for young men and women to enhance the knowledge and skills that will assist them in personal development, to address the physical and social needs of their communities, and to promote better relations between all people worldwide through a framework of friendship and service.

Caitlin Davies, 17, who is heading the new Rotaract Scheme in Mid Devon, hopes to have a fully operational group in place by the summer.

She hopes to find around 15 volunteers to help with projects benefiting the community both locally and internationally.

She said: "We are going to be the second active Rotaract Club in the South West region and the first in history to become an e-club, meaning people will meet online rather than in person, although we will still meet on a regular basis."

"Rotaract is important to the community because it enables us to raise awareness of groups and organisations and allows young people like myself to get behind good causes with the backing of Rotary International."

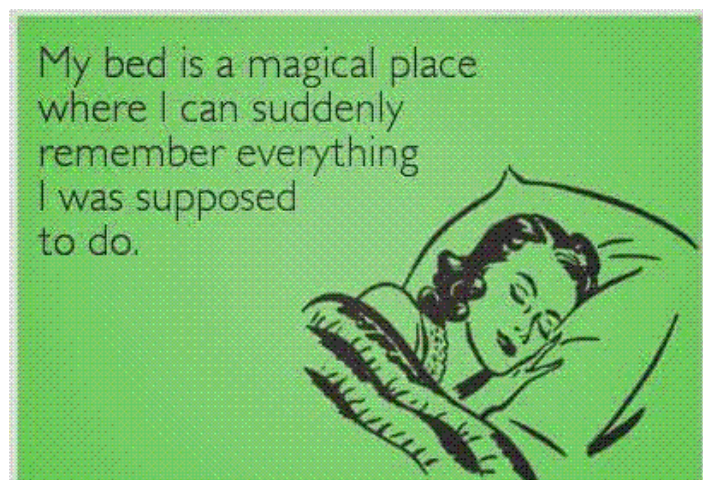
"We are looking for people to join us in our projects across Mid Devon and the globe and hope to hear back from many budding volunteers to get behind this new group."

Miss Davies, who is a former vice president of Tiverton High School's Interact Club – a school version of Rotary International – explained how the group will be backing Rotary opportunities such as the Rotary Young Leadership Awards and the Rotary Youth Exchange.

"This is an exciting opportunity for young adults to socialise with like-minded individuals and help those who need it the most," she said. We look forward to welcoming new members who will be able to help shape the future of this group from its infancy."

To get involved, contact Caitlin through the Facebook page [facebook.com/MidDevonRotaract](https://www.facebook.com/MidDevonRotaract) or by emailing tivertonrotaract@gmail.com or calling 07985 615030

Well done Caitlin, a magnificent achievement! She even managed to get an article in the Mid-Devon Gazette and it is well worth reading as is the accompanying flyer. You'll have to zoom in to approximately 170% to read them though!



Marie Curie Collection

Great Daffodil Appeal 2017



It was a quiet Wednesday when a large but innocuous looking box arrived at the Steiner home. We were soon to discover the treasure that lay within; bright yellow hats, tabards, collecting tins and a million daffodil badges in readiness for operation Great Daffodil Appeal. Daffodil Day arrived on 10 March and an army of Exe Valley Rotarians in full yellow camouflage slipped almost unnoticed into Morrisons, Tiverton. The stealth with which they exercised their mission with seamless substitutions throughout the day achieved a collection of over £708 and a few pence. The second wave of Daffodil commandos infiltrated the streets of Tiverton the following day. Silently they took their positions blending with the local population. By midday the daffodils had almost taken over with few of the local residents able to resist. By the end of the day - a sea of yellow buttonholes and a further £544.53 collected.. They also gave a goblet to a lady who should have collected in Bampton but turned up in Tiverton by mistake, so the total was £622.22 + Morrisons £708.89 = £1330.31. Mission accomplished and the team stood down.

Thank you to all that helped this year. Tiverton should be proud of its contribution towards the wonderful and much loved Marie Curie Charity. **Rtn. Tony Steiner**



Collection Organise Tony demonstrates the correct way to receive donations



Rtn David Disney still preferred his **'no nonsense full frontal' approach'**



.....so the training session had to be run again just for his benefit
- 'Got it this time, David?'

Exe Valley Welcomes Two New Members



Inducted in to the club on 26th March by President John were Patch Jobson & Chris Gregson



Globe Ladies Night on the 29th March

Report by Fun & Fellowship Joint Chair Ray Radford

The members who attended this event were: President John Freeman; Arthur Heywood & Liz; Bob Evans & Gillian; Bruce Pearson & Christine; Charles Denman & Diane; Chris Steele & Lindsey; David Disney & Janet; Fred Leach & Anne Gavin Haig; John Radford & Brenda; Ken Mills & Wendy; Les Christiansen & Pat; Ray Radford & Mary; Garry Berry & Christ (Friends); Richard Gough & Kim; Richard Taylor & Sue; Ron Derrett & Janet; and Trefor Davies & Norma.

All other members unable to attend, were deemed to have apologised. That being a total of 34 and we were in the canal room, so we had the room to ourselves, which was great. The main restaurant would not have been big enough. President John welcomed everyone and made a few announcements of our future rotary programme, particularly the President's Night which will only be a matter of a few weeks away on Friday 21st April at the Golf Club. He also mentioned that on Thursday 20th April we will be off to the evening races at Taunton, a pity the two events are so close to one another. Finally he mentioned Templeton Trail on the April 9th, and the Uffculme Show on the May Bank Holiday, Monday 1st May. Finally we got the meal under way, being a carvery a choice of two meats, beef or chicken and plenty of vegetables, no way were going to be hungry after eating that, Only problem was, the plates were not big enough to hold something of everything. The sweet was either chocolate sponge. or ice cream, which was alright. For the price it was good value, followed by coffee if you wanted it. The evening finally ended just after 10pm..



Apparently the event was **SO** popular that some guests had to dine outside>>



Exmoor Challenge 4.5 mile walk

Rtns Fred Reynolds, John Phillips, Ken Mills and David Disney, and wives took part in this walk around Oakford, accompanied by friend and ex EVRC member Paul Kenny and wife Karen. Actually Wendy Mills was marshalling for her Exmoor Club, so did not take part in the walk. Certainly not that strenuous, especially with the thought of a pint and a lovely carvery lunch at the Red Lion in front of us! **David Disney**



Sunday, 9th April : The Templeton Trail

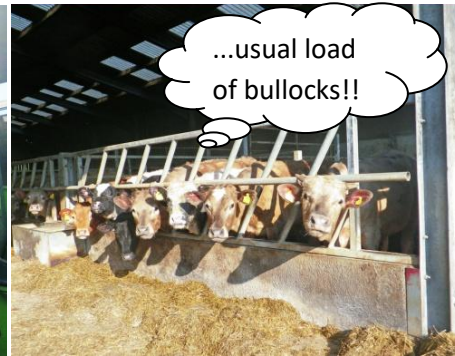
Follow the Photo Trail it's more relaxing than actually running it!

This is the ultimate goal >>

But before we get there we have some preparation to do....

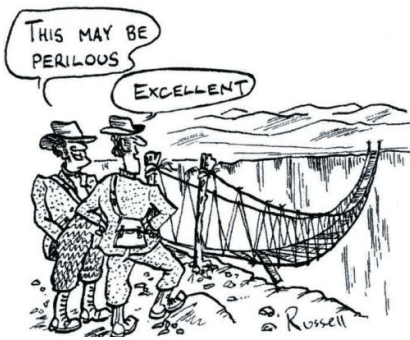


EVRC members meet at Partridge Farm to carry out risk assessment and mark out the course - in the woods and across the fields



Rtn Heywood uses his moo-bile phone to inform his stock they'll have to feed themselves
(again)

Photographic evidence that
it's hard work



Risk Assessment Victorian style



Rtn Taylor finds last year's route and rummages in the EVRC caravan for more treasures



Now all he has to do is find room in his car for it all ----- nearly there!

A full de-brief was given back at Bruce's Bar at Holmead Farm
(thank you Bruce!)



'Where's the car park?' 'Have we enough signs?' 'One more won't hurt'

Should the sign say -
'Caution Exepress Editor taking photos?'



Marshalls are briefed



and runners registered



The Marshalling Yard



Still some confusion??



Charles gives a H & S briefing to runners,
(& takes the opportunity to explain why he's not running this year)



Runners show great enthusiasm to get started -- ----but first have to be led safely to the start and they're off!



'All we have to do now is hope
they all come back!'



Charles took the opportunity to explain
to the world's media why he
wasn't running this year



Here they come.....



A run for everyone. from one man and his dog to fit keen enthusiasts. and all ages

The Templeton Trail Report

Over 50 competitors enjoyed fine weather and country views running through the wonderful woodland trails of the Cruwys Morchard Estate. The entrants ran either a 5km or 10km route and were awarded a Certificate of Achievement on completion. We were, of course, blessed with ideal weather and although the course was generally regarded as tough, all the competitors came through unscathed and keen to do it again next year. This essentially community event has been organised by the Exe Valley Rotary Club for the last five years and is growing in its popularity. The entrance fee just covers our costs with any surplus going back into the Rotary charity pot. The day was enjoyed by both runners and marshals alike and Charlotte and I would like to thank all of you who helped with the marshalling of the run, and in the preparation for the event during the previous week. Also special thanks to the partners who assisted and to Bruce and William for the use of their land. Bruce has already thanked Guy Cruwys for allowing us to run through his woodland and the ladies at Templeton Village Hall for providing us with tasty pasties, sausage rolls and other refreshments. **Charles Denman**

Now that's all done we can now concentrate on the next Exe Valley Rotary Club activity

THE UFFCULME SHOW!! >>>>>>>>
1st May



19th April : Tiverton High School

One of the highlights of the EXVRC year is the annual visit of THS's Head Boy and Head Girl. The inspirational duo this year were Lucy Marston and Will Goffey who gave an enthusiastic and confident talk on their extra curricular and academic interests and their aspirations for the future. As always members took great pleasure in listening to the exemplary students who represent the school on these visits



Taunton Races: 20th April



Thanks to our Fun & Fellowship Committee Joint Chairmen, Ray & John Radford, 17 EVRC members, guests, & partners enjoyed a terrific evening out at the races. The photos show a happy band of punters. The even happier faces of the bookies after they had placed their bets are not recorded. Despite his strong urging **not** to place any money on his horse, *Billy My Boy*, by owner John Radford several Rotarians ignored this advice and gave 'it a go'. Unfortunately *Billy* decided he didn't like the hard going and dropped out just before the start. The good news was that money placed on *Billy* was refunded the bad news was that the withdrawal meant the odds on the remaining horses were subsequently shortened and the Exe Express Editor, amongst others, got less winnings on the horse that he had also backed..... which had come in first! No hard feelings though, John! Good Fun!

President's Night

21st April

The week commencing 17th April was rather a busy week for Rotary. We had our usual meeting on the Wednesday followed the next night with a night at the Taunton Races. But that did not deter the 74 Members and their friends from attending the President's Night on the 21st April. The President's Night was earlier than usual because our President wanted it at the Tiverton Golf Club, which was fully booked for May. President John and his wife, Frances, wanted to have an evening dress code night, which appeared to raise the standard, although the dress code was optional. The evening got off to a good start with a table plan in place, must have got the table plan about right, there was no fighting over places and all who said they would be attending, did manage to do so. It was a well supported event, John was supported by some 74 members, partners and friends. There must be some reflection on how good the building trade is, as John and Frances were supported by 13 staff and friends, I believe at his expense. John said Grace and that got us under way for the carvery, which was plentiful and well presented. This was followed by a sweet and coffee. The circular tables of 8 gave us plenty of elbow room. The top table consisted one table of 16, which included Bob Rice being the MC. During the course of the meal, Bob introduced his Top & Tails, by now we all know how it works. After eliminations, the bottle of champagne was won by William Webber. When the meal was finished, MC Bob told us a few of his jokes which surprisingly were of such a standard that did not offend anyone, well, not that we were aware of. Then came the highlight of the evening with the President's speech, which was well received. During his speech he thanked all his guests for attending and supporting him throughout the year. John also thanked all his Officers within the Club and Club Members that have worked to make this probably the best Club in the west and probably the best in England. His speech has been recorded if wanted for any future evidence!! Unfortunately there was no Master of Arms and President John gave the final toast to 'Rotary around the World'. The rest of the evening was just a general mix and chat amongst ourselves with some background music supplied by John's family. The last drifted away by about 11.45pm. All in all, a very good evening enjoyed by all. **Report by Ray Radford**



President John and Frances



John's former secretary Lynn Moore was presented with a bouquet for her hard work recording EVRC members' apologies for meeting non-attendance



Many thanks to PE Les for providing the photos



Honeylands Children's Charity



Honeylands Children's Charity has funded the purchase of equipment, provided a Music Therapy programme and Toy Library at the Honeylands Specialist Child Assessment Centre since January 2001. The music programme offers therapy to infant and young children (0-5 years) all of whom have severe and complex special needs, life-limiting conditions including autistic spectrum disorder, genetic and physical disabilities and palliative conditions. This programme develops education and learning skills which will prepare the children for their school life and help them reach **their** full potential. With ever increasing demands on this very specialist but hugely necessary service raising the annual £60,000.00 to ensure its continuance is demanding. Honeylands is a specialist child assessment Centre for children with severe complex needs. The Centre offers physiotherapy, speech and occupational therapy, together with clinics for pediatric consultants and clinical psychologists. Some therapies including music is not and never has been funded through the NHS. The medical services provided at the Centre are commissioned through Virgin Care but not the therapy and essential equipment provided by the Charity. Honeylands Children's Charity is a registered charity and consists of a small group of volunteers, with the trustees being closely linked with the Centre. The charity totally fund the music therapy programme, its tutor and instruments, provides an on-site toy library and librarian, together with other equipment and essentials making a child's visit to Honeylands a more pleasurable and therapeutic experience. Funds and grant applications are raised to provide specialist equipment, multi-sensory room lights and equipment, bubble tubes and highly specialist interactive toys. Special chairs, tables etc. are all required for these special children.

A large part of our funding is taken up by the music therapy programme. There is no equivalent therapy provided for these children by NHS Devon. It is a unique service focusing on positive interaction, fostering early relationships and building on the skills that the child already has. Parents therefore find music therapy sessions with their child a positive experience on which they can build their future together. All of the children receiving music therapy have severe and complex special needs and have been assessed as needing on-going therapy at this specialist Centre. These include life-limiting conditions, autistic spectrum disorder and genetic disabilities. They have a range of mental and physical disabilities, often accompanied by behavioral or psychological problems. Many of the children have been born very pre-maturely and experience multiple difficulties as well as developmental delay. For these children, music therapy is often the means to them finding their own 'voice'. Early intervention is vital when children are born with severe and complex conditions and music therapy is often the only therapy they are able to respond too in a positive way, during these early years.



PRESIDENTIAL HANDOVER



Join Rotary in commemorating the Presidential Handover of Eve Conway to Denis Spiller at the Mercure Maidstone Great Danes Hotel, Kent, on Saturday 1st July 2017.

Enjoy fabulous music that personifies the golden age of swing from the Glenn Miller era, to the Rat Pack that you can dance to, sing to and most definitely swing to. Presented and performed by Mark Porter and his amazing six piece swing band!

For full details of the event please visit our [website](#).

ROTARY CONVENTION



Bill Gates has been announced as a keynote speaker for the Rotary International Convention in Atlanta on 10th-14th June.

The event is expected to attract 40,000 members from 160 countries in the birthplace of The Rotary Foundation.

Bill, along with wife Melinda, recently reaffirmed their admiration for Rotary and our polio eradication campaign in their [Foundation's Annual Letter](#).

Discount registration for Convention is available until 31st March. For more information visit our [website](#).

ROTARY FELLOWSHIPS



Rotary Fellowships are a great way for Rotarians across the world to connect and enjoy their passions and hobbies together. Two of those Fellowships have some exciting events in the pipeline.

THE INTERNATIONAL GOLFING FELLOWSHIP

Each year Rotarians across the world come together to promote friendship, service and peace through golf and you can join them for the 43rd IGFR European Championship in Bruges, Belgium.

The Championship takes place from 12th – 16th June 2017 and offers a great mix of gastronomy, entertainment, sightseeing and of course rounds of golf on beautiful courses.

THE INTERNATIONAL FELLOWSHIP OF FLYING ROTARIANS

For all those interested in general aviation, the Great Britain and Ireland section of the fellowship holds a series of one-day events ideal for private pilots hiring club aircraft as well as those who have their own or shared aircraft. Those arriving by road are equally welcome – you do not need to be a pilot to join, just a Rotarian interested in aviation.

Their main weekend meeting will be held in Chester from 14th – 16th July 2017 and they have invitations from other European Sections for "Fly-Ins" right across the continent throughout the year.

Further details can be found on the [IFFR website](#).

For any further information please contact IGFR Board Member [Rotarian Trevor Johnson](#) or visit the [IGFR Championship in Bruges website](#).



Club Bulletin

InfoMedley

A fairly compact review of significant news, reports, emails of the past two months. Reports that were submitted with information that is now out of date have been amended accordingly.

TREASURER'S REPORT

Donations made to:

Four RHCT Schools - £1600 (balanced by £800 from RHCT) – no acknowledgements to date

Injured Jockeys Association (A Heywood draw) £100 – no acknowledgement to date

Cost of signs for purple crocuses displays.

The application with HMRC to register the Club for Gift Aid is still proceeding (I think!) very slowly.

3rd April, 2017

International & Foundation

Regretfully there is little to report!

The description signs were installed at the crocus sites, as flowering has finished. These have now been removed and stored.

We have been in contact with Mercy Ships, our committee's chosen recipient of a charitable donation. They have forwarded some updated information and we will liaise with Fred R with regard to possible speaker dates. I will be away for 6 weeks, during that period we will arrange for another committee member to take responsibility for International & Foundation matters.

Thank you, Chris Steele

Community

The only thing to mention is the forthcoming series of Saturday Street Food events at the Pannier Market with the first on Saturday 6th May and I will be asking for volunteers for stewarding. We have the option of having a stall of some kind on the same pitch in the Pannier Market as we had for the Gluhwein last year. Any ideas?

Tony Steiner EVRC Community Chair

Youth

Caitlin Davies our enthusiastic Rotaract contact is keen to have another meeting with us to further develop her ideas. Jane Hunt from the Tiverton Club who I met at their weekly meeting is keen to get involved. Treasurer Ken Mills will update Council and the club on the current situation with the grants from Rotary Holidays for Children Trust and subsequent action required. 2016 holidays I understand from Ken's report have been paid with donations for 2017 holidays yet to be determined following a reduced commitment from the Trust. **Best regards Charles Denman**

PROGRAMME for MAY - JUNE 2017

Monday	1st	May	Uffculme Show
Wednesday	3rd	May	Uffculme Show debriefing
Wednesday	10th	May	6.30pm Council Meeting. Club AGM & Business Meeting
Wednesday	17th	May	Charlotte Waelde, 'Ethiopia'
Wednesday	24th	May	Bob Evans, 'Job Talk'
Wednesday	31st	May	Clay Pigeon Shoot at Holmead, Templeton. PARTNERS' EVENING. F&F arranging
Wednesday	7th	June	6.30pm - Council Meeting. Business Meeting
Wednesday	14th	June	Club Assembly
Wednesday	21st	June	TBA
Wednesday	28th	June	Handover Evening PARTNERS' EVENING
Wednesday	5th	July	6.30pm Council Meeting. Business Meeting

Duty Rota

			Grace	Meal Steward	Vote of Thanks/Objects
May	3	Council & Business	Fuller, Robert	Christiansen, Les	Gough, Richard
	10		Haig, Gavin	Butler, Andrew	Shears, Chris
	17		Harris, Andy	Ashfords Representative	Steele, Chris
	24		Heywood, Arthur	Cole, Eric	Steiner, Tony
	31		Jenner, David	Courage, Ken	Stevens Martin
June	7	Council & Business	Kidd Ken	Crocker, Lester	Taylor, Richard
	14		King, Chris	Jenner, David	Tiernan, Jerry
	21		Leach, Fred	Davies, Rory	Vickery, Richard
	28		Mills, Ken	Davies, Trefor	Viney, Mike
July	5	Council & Business	Mitchell, Peter	Jobson, Patch	Denman, Charles

The Rota & Programme are often updated so remember to check the EVRC website

Election Special

Election Canvassing

...name the party of your choice



"Rising to the challenge....New beginningsForging ahead ..etc.,er..."



"Shall I put that down as 'Don't Know', then."

Finally.....makes you think.....

>Why is the man who invests all your money called a broker?

>'I am' is reportedly the shortest sentence in the English language. Could it be that 'I do' is the longest sentence?

>You never really learn to swear until you learn to drive.

Thanks to Rtn Richard Taylor for these thought provoking snippets - more to come in the next issue



Read and watch the latest District Magazine which includes video content from across the South West Peninsula: <http://www.rotary-ribi.org/districts/page.php?PgID=535972&DistrictNo=1175&Mp=519278>

To read the page in full, please click:: <http://www.rotary-ribi.org/districts/page.php?DistrictNo=1175&PgID=535972>